In the Kitchen

Year 10 Food Technology
This term we have studied ‘Food Product Development’. Students have investigated why we produce new products and the process involved in developing a product from an initial idea to marketing the final product. We produced many dishes and discussed how these basic recipes could be changed to develop a new product. eg: taking a basic chocolate mousse and adding another ingredient to produce a ‘line extension’ of that existing product.

Year 11 Food Technology
This class has studied ‘Nutrition’ this term. Students have investigated the nutrients required by the body for peak performance. They also completed a task on the nutritional needs in different stages of the lifecycle. Students were required to plan, prepare and produce a meal suitable for a chosen stage of the lifecycle. They excelled in the task, producing many delicious meals suitable for toddlers, adolescents, adults and the elderly. Great effort Year 11!
Year 12 Hospitality
This camera shy group are happy to have their delicious food photographed; however, they prefer to remain behind the scenes. I did manage to dig up a few action shots showing these capable students catering for one of the many school events that they have been involved in. More recently, they felt so sorry for the staff during this cold weather and cooked up pumpkin soup for them to enjoy for lunch.

Ms K Bird, TAS Faculty

World Environment Day
The World Environment Day theme this year was "Seven Billion Dreams. One Planet. Consume with Care." On the 5th June, the Student Environment Councils from Asquith Boys and Asquith Girls High Schools met in our library to discuss how living sustainably is about doing more and better with less.

David Bolton from Hornsby Shire Council talked about “Clean4Shore”. Graham “Jono” Johnston of Macmasters Beach Surf Life Saving Club began the program 4 years ago to remove rubbish from the foreshores of the Lower Hawkesbury River and Brisbane Waters as part of the Australian Marine Debris Initiative. Last year more than 100,000 items of rubbish were removed, including tractor tyres, fridges and desk chairs during 77 field trips with the help of Central Coast schools and volunteers, who boat or kayak out to more remote sites.

The goal is to now introduce the program into schools within Hornsby Shire with our schools being the first.

Mr C Yates, Science Faculty

Library News
Amy, a specialist bookseller from “The Children's Bookshop” in Beecroft was recently invited to the library to speak to some of our avid readers about recently published novels for teenagers. The enthusiastic students were able to chat to Amy about their favourite reads and browse through the books on sale.

More than sixty books that appealed to the boys were purchased for the library. They will be lent to the students who chose them, in time for the upcoming school holiday.

The positive comments from students attending the event were very encouraging:

“It was wonderful, a fantastic twist on our daily routine.”

“Good, well worth doing, we know all these books will be read.”

“There was a great variety of books.”

“Amy knew all about the books and made it interesting.”

“Excellent”

Ms H Hamilton, Librarian

ABHS students selecting novels for the Library
**PRINCIPAL’S MESSAGE**

**Year 12**
Year 12 students should now be fully focused on their preparation for HSC Trial exams that commence on 27th July. A minimum of 3 hours study a night is required for HSC students to be competitive with the 75,000 students across the state who will sit the final exams in October. I am aware that many of our boys have paid employment, community and sporting commitments in their lives outside school hours. I have encouraged Year 12 students to find the right balance in their lives so that they will have sufficient time to study at this vital time of the year. This may mean cutting back on some other commitments. I urge parents of Year 12 students to have a discussion with their sons about the importance of prioritising their HSC preparation for the remainder of their time at school. I wish Year 12 well in their HSC Trial exams.

**MAD Night**
Last Friday night was a high quality series of performances from our very talented Music and Drama students. The hall was configured in “cabaret” style with tables replacing rows of chairs and we were able to utilise the upgraded hall kitchen (thanks to the P&C for helping with this project). It was a very entertaining evening and it was great to see so many boys on stage showing their skills. Congratulations to everybody involved, especially the creative directors Ms Mashman and Ms Salisbury.

**Subject Selection**
The process has begun for deciding our curriculum for 2016. Years 8, 9 and 10 has received booklets containing information about all courses being offered next year and a successful information evening was conducted last week. I urge all students and parents to spend time seeking out information regarding their subject choices, fill in their forms correctly and get them in on time. My thanks to our curriculum co-ordinator Mrs Laffer, for managing this whole process.

**Half-Yearly Reports**
Teachers and Year Advisers have been busy compiling half yearly reports which will be handed out on the first day of Term 3. Parents will then have one week to make on-line bookings for the Year 7 to 12 Parent Teacher Night on Monday 20th July. I encourage parents to have a detailed discussion with their sons about their reports and study teachers’ comments about how to improve their academic performance. I look forward to seeing as many parents as possible on Parent Teacher Night.

*Terry Griffiths, Principal*

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**YEAR 7 POLICE VISIT**

On Thursday 18th June Year 7 were lucky enough to have Senior Constable Lynda Hart from Hornsby Police visit ABHS and talk about young people and the law. Year 7 students were very attentive, listening to her every word regarding topics such as shoplifting, train travel and consequences for making the wrong choices. Students asked many questions and behaved in a mature and polite manner.

On behalf of all of year 7, I would like to thank Senior Constable Hart for her precious time.

*Ms K Bird, Year 7 Year Adviser*

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**2015/2016 Entertainment Books**

are available for purchase from the office.

All funds raised through sales to parents will be put towards the Cultural and Language Tours.

Order your NEW Entertainment™ Book now!
Deputy Principal’s Report

Another productive term has passed at Asquith Boys High School. The end of the first semester is an important time for teachers and parents to discuss the progress of students and make recommendations for improvement where necessary. I encourage parents to carefully read the school reports once they are received (Day 1 Term 3) and discuss them with their son/s. The academic progress of students relies heavily on this interaction as part of the vital home/school partnership.

I would like to issue reminders concerning the following areas of school policy:

**Uniform:** It is essential that all students present to school in full school uniform every day. There may be the very odd occasion where a variation is unavoidable, and in this case, an explanatory note signed by a parent/caregiver must be provided in roll call. Students who breech the uniform policy face consequences. The cooler months bring with them the temptation to wear non-uniform items to a greater extent. Please support your son to resist this temptation. I would like to particularly draw attention to the fact that “hoodie” style jumpers are not part of school uniform. Also, black leather shoes must be worn (not suede), except for Wednesdays when sports uniform may be worn to school. Families experiencing financial hardship may approach myself or Mr Griffiths to ask for assistance.

**Travelling safely and responsibly:** I consistently remind students on assembly of the need to take extreme care crossing main roads and when at railway stations. I would ask parents and caregivers to reinforce this message in order to prevent serious injury. It must also be made clear that whilst ever a student is in the community and can be associated with the school, they are our representatives and must act in a manner that is in line with the school’s values and supports our good standing. I'm pleased to report that the vast majority of students achieve this, every day. For those who may choose not to on occasion, they must expect school based consequences to follow.

Please contact me directly for any clarifications related to the issues above.

I would like to wish all students and their families a relaxing holiday break.

Andrew Skehan
Deputy Principal

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Visual Arts

7VA6 have completed several projects this semester. During the ‘Pop Art’ unit students were required to design and create a soft sculpture of fast food. The students had a great time and demonstrated excellent teamwork skills. The second unit we are currently working on is ‘Creatures’. Students had to complete a paper mâché cow modelled from John Kelly’s cow sculptures. What a delight it was to see these beautiful creatures! We then attempted to imitate his ‘Three Cows Stacked’ sculpture.

Ms K Bird, TAS teacher

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First Grade Opens Rugby – Sensational Win

Asquith Boys first grade rugby team sent a message to the rest of the competition this week with a 31-0 annihilation over their rivals Homebush Boys. This was a great exhibition of true forwards rugby in the muddy conditions with Asquith’s big men dominating around the rucks and destroying Homebush’s defensive line to cross for 5 tries.

The game was an entertaining spectacle with massive hits, hard ball running and plenty of player support. Wesley Faulula proved deadly with ball in hand making a 50 meter run to cross over in the first half. Charles Shepherd made light work of the Homebush defence, barging over for 2 tries. The squad's new young gun Ben Collins put on big hits and intimidated the larger opposition with his dominance around the rucks and managed to bag him 2 well-earned tries. A special mention to Jimmy Hawkins who stepped up to replace injured half back Will van Egmond-Jones as Captain, and along with 5/8 Nick Cimino, directed the boys around on the park.

Well done boys!

Mr M Miles
Mrs Karen Ronald the ABHS SAM (School Administration Manager) was recently recognised with the Pride of Workmanship Award by the Rotary Club of Hornsby. At the award night family members and friends joined her in celebrating the occasion. This is a well-deserved accolade for Mrs Ronald, who was nominated by Mr Griffiths for this award with the following description:

“Mrs Ronald has worked at Asquith Boys High for the last 6 years as our School Administration Manager (SAM). During this time she has performed different duties, including: supervision of all office and administration staff; responsibility for managing the school’s finances including preparation of the annual financial statement; co-ordination of the annual school budget; management and procurement of school resources and equipment; participation on the school executive and membership of the school council. Mrs Ronald has performed all these duties with great efficiency and is willing to go above and beyond normal duties when required. She is a very enthusiastic person who has a positive impact on all those around her. Mrs Ronald is an outstanding employee and is held in the highest esteem by the whole Asquith Boys High School community.”

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**MESSAGES FROM SCHOOL ADMINISTRATION**

**OFFICE HOURS**

The school office hours are 8.30am – 3.30pm. It is within these times that the phone will be answered. There is NO facility to leave a message outside these hours. If you need to make contact or leave a message please do so via the school email address.

Cashier closes at 2pm and at 1.30pm on a Tuesday. Payments need to be made before those times. Please remind your son to bring in any payments in the morning before roll call, at recess or at lunch.

**SICK BAY**

When your son is not feeling well he needs to get a note from the Teacher to be able to go to Sick Bay. Office Staff will assess the situation and call home if they feel it is necessary or if an injury/illness needs further attention. Under NO circumstances is a student to call home to get picked up without the office staff being aware of it.

**CONTACT DETAILS UPDATE**

If you have recently changed address, phone number(s) or emergency contact person details please let the school office know ASAP. Either a phone call, note sent with your son or an email letting us know of the changes would be appreciated.

Also if your son has a medical condition or allergies that we have not been informed of previously, could you please provide us with those details and any relevant health care plans. Thank you.

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**ABHS’ FIRST SCIENCE LAB ASSISTANT**

Gwen Hogan who was the first Lab Attendant appointed to a NSW high school following industrial action, passed away recently.

She served her career at Asquith Boys High School from the 1960s until the early 1990s. She was also an RN (registered nurse) and attended to the health and accident needs of the students during those years. There are many reminiscences concerning Gwen. For instance, the DP at the time owed his life to Gwen who always worked late and had gone to the office at the end of the day to sign off. The cleaners had already left. She found the DP still working in his office. He had collapsed and was under his desk in cardiac arrest. Gwen applied resuscitation, organised and ambulance and saved his life.

She was much-loved and highly regarded by staff and students.
Foxglove Oval again played host to the Asquith Boys Athletics Carnival. As has been the case over previous years, attendance was high and even more pleasing, participation rates were excellent.

There were many brilliant individual performances on the day. The following students finished as Age Champions:

Firstly in the **12 years** with 7 wins, 1 second and 1 third, earning 74 points was Sam Parry. Sam also etched himself in school history on the day by breaking the 12 years Discus record previously held by current Yr 11 student Chris Allan. Sam threw 22.62 meters to break the previous mark of 21.60. Congratulations Sam.

The **13 years** saw a tie with 2 students achieving 62 points – Lawrence Frederick and Kaeo Weekes. Lawrence attained this with 4 wins, 3 seconds and a third. He also broke a long standing record in the High Jump. The previous height was set in 1978 by C Barrett. Lawrence snuck over the previous mark by 1cm, but his 1.53m was still enough to earn the record. Well done Lawrence.

Kaeo, not to be out done smashed two previous milestones. Firstly in the 90m Hurdles Kaeo set a blistering 13.81s, decimating the previous mark of 15.40s set in 2008 by Josh Mawhinney. Not content with that he flew past Tim Gillies’ Long Jump record only set last year. His 5.44 eclipsed the record by a whopping 43cm. Congratulations Kaeo.

In the **14 years** with 2 firsts and 3 thirds, earning 42 points was Tim Gillies. Despite losing his record to Keao in the 13 years, he set his own new record in the 14 years Long Jump. He bettered his jump from last year to nudge out P Shilling’s 1980 record by 2 cm. Let’s see how long his new record of 5.52 will stand. Well done, Tim.

In the **15 years** with 4 wins, 1 second and 2 fourths, claiming 48 points was Jackson Tuynman. To round out a staggering day for record breaking, Jackson set a new mark in the 100m Hurdles. His 15.75s beat Mitchell Ansems 2007 record of 16.53. Congratulations Jackson.

In the **16 years** with 3 firsts, 2 seconds, 2 thirds and 2 fourths, tallying 46 points was Jordon Mirabile-Kumar.

In the **17 years** with 3 wins, 2 seconds and 1 third, accumulating 40 points was Christopher Allan.

In a hotly contested Carnival 1st and 3rd House position was separated by a mere 20 points. Remember participation counts and with Carnivals being decided by such small margins, every event entered is significant and can have huge bearings on who lifts the winning House Trophy.

4th Wandoow - 504 points
3rd Myall - 604 points
2nd Kurrajong - 619 points
1st Cooba - 624 points

Congratulations to Cooba and all those that wore the red proudly on the day and contributed to their success.

**The PDHPE staff**
Bronze Duke of Edinburgh Expedition
Patonga to Wondabyne

On Friday 22nd of May, 31 students and three teachers (Mr Murphy, Mr Broome and Mr Kitto) began their overnight practice expedition from Patonga to Wondabyne station via Mt. Wondabyne (approximately 23 kilometers).

The Friday morning saw us all meet at Brooklyn station under grey skies and light rain. The ferry was waiting and we committed to the task. The ferry ride to Patonga was fast and dry! A quick team meeting at Patonga under the picnic shelter saw us organised, split up into teams and ready to start. Light rain fell as we walked across the beach and started our climb up to the headland. Dark clouds were coming at us and we knew we were going to get wet but the next two hours we trudged through torrential rain. Everyone was soaked to the skin and most gear in backpacks was wet as well. No one had time to be miserable. We had never been that wet before.

We pushed on past ankle deep water on tracks until we hit a flooded creek behind Woy Woy tip. Mr Broome leapt over a gap with his long jump skills but most of us took the walk of shame through the water which was more than ankle deep and filled our boots with icy water and the occasional leech. The next two hours saw the rain finally ease off but by then many of us realized how wet and cold we were. Camp was set up just below Mt. Wondabyne with its scenic views over Brisbane Waters. Dry wood was collected and the fire warmed everyone up. Zac and Matt surprised all with their dinner of bacon, sausages and hash browns. Gas burners provided heat for the usual couscous, noodles, tinned food and tea. Three hours of campfire was a relaxing end to the day and a late shower at 8.30 pm saw everyone scurry off to their tents for shelter.

Saturday morning was much clearer but a different experience for most of us to put on our wet clothing and boots. The weather improved but the 10 km on the second day was more challenging with steep downhill and uphill sections.

The scenic train trip from Wondabyne to Hornsby was a time to relax and reflect on one of the most challenging Duke of Edinburgh expeditions that ABHS has held over the last sixteen years. The boys persevered throughout very difficult conditions without complaining and kept pushing on. Zac deserves the iron man award for carrying close to one quarter of his body weight in water. Many thanks to the boys in Year 9 and 10 as well as Mr Broome and Mr Kitto for making the trip possible. I know the boys and teachers will never forget this expedition and the challenge proved how resilient Asquith Boys are!

Mr M. Murphy

25 YEARS WITH DUKE OF EDINBURGH

Congratulations to Mr Chris Yates who was recognized for his dedication to volunteering for over 25 years as a Duke of Edinburgh’s International Award Leader. Mr Yates recently received a certificate from the NSW State Government recognizing his contribution to the community as well as a lapel pin to signify his service.

Mr Matt Kean spoke about Mr Yates’ service and his contributions in Parliament. Thank you Mr Yates!
HSIE EXCURSION

On the 11th of June the Year 12 Modern and Ancient classes attended the History Teachers Association Lectures at Sydney University.

These lectures were based on both syllabi and reinforced the information covered in class. A great many topics were covered and the day was enjoyable and informative for all students. The highlight was visiting the University and getting the experience of actually attending lectures.

Thanks to Ms Evans for organising the day and Ms Cufre for attending the lectures with us.

Matt Claydon and Ben Penno

Bunnings BBQ Fundraiser

The first fundraising activity for the 2016 History Trip to Italy and France began with an exceptional BBQ at Bunnings Thornleigh on Sunday 21st of June.

Many thanks to all the helpers on the day including students from years 10, 11 and 12 (including quite a few students who are not attending the trip).

Thank you to all the parents who helped (thank you Mrs Roscarel); all the parents who drove their sons for the early start, and the Winch family who kindly donated a drill to be raffled.

Many thanks to the teachers who attended Mrs Laffer, Ms Evans, Mr Melrose, Mr Skehan, Ms Schadel and Ms Foster; and Mr Josephs for organising the sausages.

Almost a thousand dollars was raised - this is a good start to our fundraising efforts.

Ms A Cufre-Sadnick, Head Teacher HSIE

COMMUNITY FUN DAY

Start getting ready for...

Asquith Boys High School

Biggest Ever!

Community Fun Day

13 September 2015

From 10 am to 4 pm

ABHS Grounds

More Info Soon

Pencil In The Date!
ENGLISH
Term 2 has been a very productive term for all classes. Year 7-10 has been busy preparing for their exams:

Year 7 – Poetry Exam
Year 8 – Poetry Exam
Year 9 – Satire Exam
Year 10 – Creative Writing Exam

The exams provide an opportunity for students to showcase the knowledge they have learned in class and apply it under time constraints. Importantly, the exams allow students to consider methods for revising for English. These study skills gained in junior years are fantastic preparation for the senior school and importantly show students that with structure and hard work it is possible to gain pleasing results.

For Year 12, the focus is currently on the Trial HSC. This exam represents the most significant assessment task of their schooling career. All classes are being strongly urged to start studying NOW!

Revision classes will be run in the school holidays to help students in their preparation for the Trial HSC.

I wish students and parents an enjoyable winter holiday and hope that the cooler weather provides many opportunities to relax and read a good book.

Ms J Schadel
Head Teacher English

SCIENCE
Crystal Gardens
Year 9 have been completing a chemistry project by building crystal gardens with lab chemicals. The boys have studied how crystals are formed and also precipitation of silicate compounds. By using sodium silicate and water as a base and adding in metal salts the boys produced some creative structures that grew like plants in front of their eyes.

Year 10 Rocketry
As part of the motion topic and Newtons Laws, 10S1 has been studying rockets. The boys have built model rockets that were launched in the final week of term. Many of the rockets were creatively decorated and flew over 100m into the air before coming back to earth with a parachute.

Mr S Roberston
Head Teacher Science

TAS
Industrial Technology Major Projects
As term two reaches its end and the marking date of Major Projects approaches for Industrial Technology, the students are knuckling down and working hard. Due date for the submission of major projects is Thursday the 6th of August. Please note that both Major Projects and Portfolios are due on this date. NO extensions can be granted under any circumstances, as mandated by the Board of Studies. Markers from the Board of Studies will be in the school sometime between the 17th and 22nd of August to mark the work.

Illness and Misadventure
If students are experiencing difficulties due to illness or misadventure, then they can apply to the Board of Studies for special consideration in relation to the marks allocated. This should be done within a week of submission of the assessed work, or for written exams, on the day of the exam. See Mr Philip if you think you have grounds for an application.

Footwear
A reminder to all parents that black leather polishable shoes are school uniform and are the shoes that your son is expected to wear in all practical rooms. Students will not be able to work in other footwear due to WH&S requirements. Students who cannot do work for this reason are not meeting course requirements and may be issued a non-award for the course.

SPORT
Grade Sport - 13B Football
What a season this fabulous team is having! Currently sitting at the top of the leader board, these guys have won all but one game. I couldn’t be more proud of the teamwork and sportsmanship all members have displayed through the season so far! I look forward to continuing to coach this team next semester and regardless of the final outcome, they should all be very proud of the manner in which they have conducted themselves.

Mrs K Bird
CAREERS

Recent Events

TAFE Youth Taster Courses
A number of Year 10 students graduated last week from their Youth TAFE Taster courses in Café Operations (Ryde TAFE), Plumbing (St Leonards TAFE), Landscaping (Meadowbank TAFE) and Automotive and Carpentry (Hornsby TAFE). Students went to TAFE one day a week for either 1 or 2 terms.

Congratulations to Bradley, Konrad, Liam, Max & Tom.

In term 3 about 12 new students will enroll in these courses as well as in Introduction to Child Studies and Carpentry Skills and Trade Maths. These courses offer students a great vocational experience.

Apprenticeship Talk
Chad Smith from 1300 Apprentice gave a very informative talk on apprenticeships on Monday 22nd June at lunchtime in the library to all interested students.

As well, Ms Rhonda Stone addressed interested Year 10 students about the process of establishing a school based apprenticeship in Years 11 and 12 as part of their HSC program.

Coming Events

An Apprenticeship and Traineeship Expo will be held on Wednesday 12th August 2015 from 4-7pm in the Hornsby War Memorial Hall, 2 High Street, Hornsby. Training organisations and employers will be in attendance. This is a great opportunity for all students who are planning on gaining an apprenticeship after school.

Year 12 Careers Night ‘Tertiary Career Options’ will be held on Wednesday 19th August 2015 at Cherrybrook Technology High School commencing at 5.30pm. Many universities, TAFE and private colleges will be in attendance. There will be talks on scholarships, alternative pathways into university and how to apply to university. UAC representatives will be attendance. Further details to follow but I would urge our Year 12 students to attend.

Important Information

Year 12
The UAC Guide 2015-2016 will be coming to our school in mid-July and will be issued to Year 12 students. Also included in this issue of Backchat are the UAC key dates for 2015-2016 admissions. Please note that applications for university admission open on Wednesday 5th August and on-time applications close on Wednesday 30th September. The ATAR’s will be released by UAC on Thursday 17th December and change of preferences close on Wednesday 6th January. Main Round offers will be released at 6pm on Wednesday 20th January 2016. I will hold sessions on applying for Uni some time in August.

Year 10 Work Experience
A reminder to Year 10 students that there are now only 2 terms left to complete their week of work experience. Students who are experiencing difficulty in sourcing a placement should see Mrs Fry.

Mrs J Fry
Careers Adviser
P&C TRIVIA NIGHT – A FUNFILLED NIGHT

The P&C held its second Trivia Night on Saturday 23rd May. The entrance to the hall for the night was a red carpet walk adorned with black and gold helium balloons. To open the night Mr George Moscos (aka Frank Sinatra) sang the song “New York”. It was great to see the Principal Mr Terry Griffiths along with lots of teachers enjoying the night. Thanks to all the parents and friends that came out to enjoy our special night with us.

The hall was filled with fun, lots of trivia questions, ‘Who am I’ questions, games to play, jukebox, a raffle, auctions for signed Jerseys as well. Guests were able to have a look into the new kitchen in the hall to see how we have spent the money. The event raised just under $5000.

We had a lot of donations/sponsors for the night which made our night the great success it was. A lot of work went into the night from the Trivia Co-Ordination Team: The co-ordinator Jenny Williams with lots of help from Maddi Bailes, Michelle Roscarel, Linda Stanford, George Moscos and Dianne Stoddart. We also with to thank the office ladies for helping us with the distribution of information via emails, school website and flyers to the boys.

Please take the time to have a look at the sponsorship thankyou flyer which is also in this newsletter. Start thinking about booking a table for next year, it is a great night out.

Dianne Stoddart
ABHS P&C Publicity Officer
Hello ABHS community,

It has been a very busy end to Term 2. We had the Trivia Night which was a great success. Thank you to everyone involved in the night and to everyone who attended. The P&C and school get enormous support from local business, it would be great if we could return this by supporting them. Please see the list attached.

Bunnings came to the school and provided a Sausage Sizzle for the students. It was the first time students had been able to use the new kitchen in the hall. Well done to everyone who attended and helped out and enjoyed breakfast.

We also had a school disco run by the SRC with Asquith Girls High School and I’m told everyone had a great time.

On Friday the 19th June the annual MAD Night was held. Congratulations to all the performers, staff and backstage crew. It was pleasing to see the hall full of parents/caregivers enjoying the night.

The first P&C meeting in term 3 is Tuesday 28th July and I look forward to your involvement.

I hope everyone has a safe relaxing break ready for the new term starting on Tuesday 14th July.

Just a reminder that the P&C has organised several events for term 3:

- Father & Son Breakfast – 31 August
- Community Fun Day - 13th September

Have a great day…

Thanks,
Linda Stanford
P&C President

If you wish to email the P&C please use the following email addresses:

- president.abhspnc@gmail.com - Linda Stanford
- secretary.abhspnc@gmail.com - Sacha Parker
- treasurer.abhspnc@gmail.com - Jenny Williams
- grounds.abhspnc@gmail.com - Susie Wiley
- fundraiser.abhspnc@gmail.com - Maddy Bailes
- publicity.abhspnc@gmail.com - Di Stoddard

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President: Linda Stanford
Vice Presidents: Michelle Roscarel, Tempe Bevan
Secretary: Sacha Parker
Treasurer: Jenny Williams
Ground Maintenance: Susie Wiley
Publicity Officer: Dianne Stoddard
School Council Reps: Michelle Roscarel, Rizwan Ali, Edwina Brown, Chris Regan

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The next P&C meeting
@ 7.30pm
Tuesday 28 July
in the Library.
All welcome.

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2015 DATES

Term 3 – Monday 13th July till Friday 18th September
Term 4 – Tuesday 6th October till Friday 18th December

Staff Development Days: Mon 13th July, Thu 17th & Fri 18th Dec
## ABHS Calendar of Events Term 3 2015

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<td>Trial HSC</td>
<td></td>
<td></td>
<td></td>
<td>Kitchen Battles (Final) &amp; BACKCHAT published</td>
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</tr>
<tr>
<td>6B</td>
<td>August 17</td>
<td>August 18</td>
<td>August 19</td>
<td>August 20</td>
<td>August 21</td>
<td>Aug 22/23</td>
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<td></td>
<td>Formal Assembly (Winter Grade Sports)</td>
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<tr>
<td>7A</td>
<td>August 24</td>
<td>August 25</td>
<td>August 26</td>
<td>August 27</td>
<td>August 28</td>
<td>Aug 29/30</td>
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<tr>
<td></td>
<td>Yr7 vaccinations &amp; Yr8 catch up</td>
<td>School Council &amp; P&amp;C Meeting</td>
<td></td>
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<td>Scholarship Lunch</td>
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</tr>
<tr>
<td>8B</td>
<td>August 31</td>
<td>September 1</td>
<td>September 2</td>
<td>September 3</td>
<td>September 4</td>
<td>Sept 5/6</td>
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<tr>
<td></td>
<td>P&amp;C Father &amp; Son Breakfast</td>
<td>September 2</td>
<td>Legacy Collection Day</td>
<td></td>
<td></td>
<td>WALKATHON</td>
</tr>
<tr>
<td>9A</td>
<td>September 7</td>
<td>September 8</td>
<td>September 9</td>
<td>September 10</td>
<td>September 11</td>
<td>Sept 12/13</td>
</tr>
<tr>
<td></td>
<td>Yr11 Yearly Exams</td>
<td>September 9</td>
<td>Yr11 Yearly Exams</td>
<td>Yr11 Yearly Exams</td>
<td>Yr11 Yearly Exams</td>
<td>P&amp;C Community Fun Day</td>
</tr>
<tr>
<td>10B</td>
<td>September 14</td>
<td>September 15</td>
<td>September 16</td>
<td>September 17</td>
<td>September 18</td>
<td>Sept 19/20</td>
</tr>
<tr>
<td></td>
<td>Yr11 Yearly Exams</td>
<td>September 15</td>
<td>Yr11 Yearly Exams</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Year 12 Graduation Assembly</td>
<td></td>
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<td>Last Day Term 3</td>
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<td>BACKCHAT published</td>
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</tbody>
</table>
ABHS P&C TRIVIA NIGHT 23/05/15

Thank you to the following businesses for their valued support

<table>
<thead>
<tr>
<th>A Lotus Health &amp; Beauty</th>
<th>Erina Ice Arena</th>
<th>Odeon Theatre Hornsby</th>
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</thead>
<tbody>
<tr>
<td>ABHS Community &amp; Staff</td>
<td>Ever Spring Nails</td>
<td>Olive Bar &amp; Grill</td>
</tr>
<tr>
<td>Action Indoor Sport Centre</td>
<td>Featherdale Wildlife Park</td>
<td>Oliver Brown, Belgium</td>
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<tr>
<td>Antrim Building Services</td>
<td>For the Love of Beauty</td>
<td>Chocolate Cafe</td>
</tr>
<tr>
<td>Asquith Family Butcher</td>
<td>Forbes Footwear</td>
<td>Onroad Driving</td>
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<tr>
<td>Asquith Golf Club</td>
<td>Fresh Nails</td>
<td>Penrith Whitewater Rafting</td>
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<tr>
<td>Asquith Leagues Club</td>
<td>Glen Street Theatre</td>
<td>Pet Stock Mt Colah</td>
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<tr>
<td>Athletes Foot, Hornsby</td>
<td>Golden Phoenix Chinese Restaurant</td>
<td>Pie in the Sky Cowan</td>
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<tr>
<td>Australian Barista School</td>
<td>Headcandy</td>
<td>Plus Fitness</td>
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<tr>
<td>Australian Reptile Park</td>
<td>Hornsby RSL Club</td>
<td>Premium Holidays</td>
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<tr>
<td>Berowra Meats</td>
<td>Hornsby World of Fitness</td>
<td>ProfessioNail</td>
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<tr>
<td>Berowra Physiotherapy</td>
<td>Jim &amp; Harrys Lots a Food Cafe</td>
<td>Roseville Cinemas</td>
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<tr>
<td>Berowra RSL</td>
<td>Joe’s Meats Hornsby</td>
<td>Rubber Duckies Takeaway</td>
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<tr>
<td>Blue Gum Hotel</td>
<td>Koala Park Sanctuary</td>
<td>Seaweed and Sand, Hornsby</td>
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<tr>
<td>Bob Jane T-Marts</td>
<td>Laser Clinic Australia</td>
<td>Segway Central Coast</td>
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<tr>
<td>Cafe Laurella Berowra Heights</td>
<td>Latouf Hair and Spa</td>
<td>Skater HQ</td>
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<tr>
<td>Cakes by Michelle Camp</td>
<td>Lowes</td>
<td>SLM Hair</td>
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<tr>
<td>Camphikeclimb</td>
<td>Manhattan Superbowl</td>
<td>Starshots Glamour Photography</td>
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<tr>
<td>Captain Cook Cruises</td>
<td>McDonalds Restaurant Mt Colah</td>
<td>Sydney Symphony Orchestra</td>
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<tr>
<td>Central Coast Mariners</td>
<td>Mister Jukebox</td>
<td>Thairapy Design Studio</td>
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<tr>
<td>Central Coast Surf School</td>
<td>Mt Colah Chemist</td>
<td>Wellspring Espresso Cafe</td>
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<tr>
<td>Crofty’s Restaurant</td>
<td>Mt Colah Pizzeria</td>
<td>Wrigleys</td>
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<tr>
<td>Daniel’s Den</td>
<td>Mt Kuring-gai Village Butchery</td>
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<tr>
<td>Disco Nails and Beauty</td>
<td>North Shore Art Supplies</td>
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<tr>
<td>District 3</td>
<td>Northern Districts Cricket Club</td>
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</tbody>
</table>
Advertisements in this newsletter are included as a community service or a source of revenue to offset newsletter production costs. They should not in any way be seen as an endorsement or recommendation by the school.
WEP Student Exchange – Learn and Discover the World!

WEP Australia is a not-for-profit student exchange organisation registered with the Education Departments in NSW, QLD and VIC. Applications for short and long-term programs commencing from November 2015 onward are open now. Students can choose from over 25 countries to live with a volunteer WEP host family and attend an overseas high school for a summer, semester or year. To request program information for your family, visit www.wep.org.au, email info@wep.org.au or call 1300 884 733.

UAC key dates for 2015–16 admissions

Key dates, fees and charges for 2015–16 admissions are to be confirmed.

<table>
<thead>
<tr>
<th>Applications</th>
<th>HSC and ATARs</th>
<th>Offers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 5 August 2015</td>
<td>Tuesday 15 December 2015</td>
<td>There are a number of offer rounds for 2016</td>
</tr>
<tr>
<td>Applications open</td>
<td>ACT Year 12 results released by ACT BS</td>
<td>admissions. The major ones for Year 12</td>
</tr>
<tr>
<td>Year 12 processing charge $32</td>
<td>Wednesday 16 December 2016</td>
<td>students are listed here. Check the UAC</td>
</tr>
<tr>
<td>Wednesday 30 September 2015</td>
<td>NSW HSC results released by BOSTES</td>
<td>Guide 2015–16 or UAC’s website for details</td>
</tr>
<tr>
<td>On-line applications</td>
<td>Thursday 17 December 2015</td>
<td>of all offer rounds.</td>
</tr>
<tr>
<td>close</td>
<td>ATARs released by UAC at <a href="http://www.uac.edu.au">www.uac.edu.au</a></td>
<td>Tuesday 5 January 2016</td>
</tr>
<tr>
<td>Friday 30 October 2015</td>
<td>Change of preferences</td>
<td>January Round 1 offers released at 7.30am</td>
</tr>
<tr>
<td>Applications close with higher charge</td>
<td>Wednesday 6 January 2016</td>
<td>Wednesday 20 January 2016 February Round 1 offers released at 6pm</td>
</tr>
<tr>
<td>Monday 30 November 2015</td>
<td>20–27 January 2016</td>
<td>Tuesday 2 February 2016 February Round 2 offers released at 7.30am</td>
</tr>
<tr>
<td>Applications close with higher charge</td>
<td>For consideration in Main Round</td>
<td>Tuesday 9 February 2016 February Round 2 offers released at 7.30am</td>
</tr>
<tr>
<td>Friday 19 February 2016</td>
<td>2–7 February 2016</td>
<td></td>
</tr>
<tr>
<td>Applications close for Semester 1 courses with higher charge</td>
<td>For consideration in February Round 1</td>
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</tbody>
</table>

ARE YOU A SINGLE PARENT?

Each week Single with Children provides fun and exciting social activities for single parents and their children. (Many activities are subsidised or free)

It’s a great way to meet and get to know people in your area.

To find out more and get a FREE copy of our social calendar

Call 1300 300 496

or check out our web site: www.singlewithchildren.com.au
PARENT FORUMS
Understanding your TEENAGER

Ku-ring-gai Council and KYDS invite parents of teens to a series of forums.

Forums are held from 6.30pm - 8.30pm
(registration from 6.15pm)

Ku-ring-gai Council Chambers, Level 3, 818 Pacific Highway, Gordon

MONDAY 15 JUNE: TRAINING THE BLACK DOG – HELP YOUR TEENAGER DEAL WITH HARD TIMES
Diane Fitton from Lifeline will share insights from her decades of expertise in the mental health field, providing an overview of the signs to look out for and how to help those who are struggling. Kay Carlson, Clinical Services Manager at KYDS will speak on self-harm, triggers and strategies – including common counselling approaches, and the influence of social media.

MONDAY 13 AUGUST: ANXIETY AND ADOLESCENCE
Sue Carlson, psychologist and member of the Australian Psychological Society, has worked as a school counsellor and psychologist in private practice for three decades. She will deliver an informative presentation on the ways anxiety can affect teenagers and what action to take.

MONDAY 14 SEPTEMBER: DRUGS AND ALCOHOL – PUSHING THE LIMITS
The Youth Health Promotion Team from Health NSW will speak on drug and alcohol issues from an adolescent perspective. Emily Swain has an experienced counsellor from KYDS and will discuss mental health and drug and alcohol dependence. Emily will also outline strategies to assist those families who are affected.

TUESDAY 20 OCTOBER: ADDRESSING PROBLEMATIC INTERNET USE IN YOUNG PEOPLE: a practical approach for families, educators and health professionals
In this interactive forum, Dr. Philip Tam, a child psychiatrist and researcher, will talk about the emergence of problem internet and computer use – also known as “Internet addiction” – and how it is affecting Australian youth today. Drawing on his own experiences, as well as in the USA, in the international research, he will outline some practical solutions and treatment options.

BOOKINGS REQUIRED
Ku-ring-gai Council Youth Services on 9424 0837
or youth@krc.nsw.gov.au
More Information
KYDS 9416 9624 or www.kyds.org.au

FREE!
PATS
(PAYING ATTENTION TO SELF)

SOCIAL GROUP FOR 12-18 YEAR OLDS WHO HAVE A FAMILY MEMBER WITH A MENTAL HEALTH ISSUE

STARTING
TERM 3
21st July-8th September

• Fun and interactive
• Have a voice
• Meet others in similar situations
• Find out more about mental health issues
• Hosted by teen-friendly KYDS staff
• Free food and drinks
• Ends with a celebration

RUNS OVER 8 WEEKS STARTING 22nd July-8th September 5:30-7:30pm
FREE TRANSPORT AVAILABLE
LOCATION: KYDS REAR 265 PACIFIC HWY, LINDFIELD, 2070
TO JOIN OR FOR MORE INFORMATION PLEASE CONTACT US:
9416 9624 OR KYDS@GOGO.NET
FACEBOOK.COM/KYDSYOUTHDEVELOPMENTSERVICE

WINTER HOLIDAY CAMPS
THE BEST HOLIDAYS HAPPEN AT CAMP

New friendships
Fun
Great value
Safe

Our popular Winter Kids and Family Holiday camps are filling fast. Find out what’s on including our popular ski / snowboard camps at Jindabyne.

Led by qualified instructors, you can rest easy knowing your kids are in safe hands. Our Kids CAMPS are suitable for kids aged 7 to 16 years* and range from 1 to 7 days.

Residential Kids’ Camps include:
• 24 hour supervision
• Instructor led activities
• Accommodation
• Meals
• Supervised transport
• Snow sports camps are suitable for kids aged 10-15 years.

Family Camps include:
• Instructor led activities
• Meals
• Accommodation
• Lift and lesson tickets and transport to Perisher (for Jindabyne camps only)**

** Kids as young as 6 years can participate in group lessons as part of a Family Camp.

dnr.nsw.gov.au/camps | 13 13 02
fb.com/nswsportandrecreation